

Judo Athlete Progression in Australia



Categorisation	Uncategorised		Emerging				Developing Podium Potential Podium Ready Podium				
Performance Indicators	Participation at National Schools Championships & National Championships	Medalist at National competitions Winning international fights	Top 8 at Cadet World Championship Winning international fights	Top 8 at Junior World Championships Winning international medals at junior level	Winning Continental Open at senior level Top 8 at Grand Slam (GS) & Prix (GP) events		Multiple medals at Junior & Senior Continental Open/Championship events Multiple Top 8's at GS/GP events & Asian-Oceania Championship events	Medalist at GS/GP events and/or Asian-Oceania Championships	Top 8 at most recent benchmark event and/or Top 8 on the IJF Senior WRL	Medalist at Olympic/ Paralympic Games or Senior World Championships	
Programs & Activity	JA Foundation Level Programs • Club training and competition • State training and competition	Senior Boys & Girls Squad	Cadet Development Squad • State Hub Training • National Training Camps • International Competition and Training Tours Competition Environment: • Cadet World Championships • Asian-Oceania Championships	Junior Development Squad • State Hub Training • National Training Camps • International Competition and Training Tours • Competition Environment: • Junior World Championships • Asian-Oceania Championships	Emerging Seniors Must attend 10-12 appropriate level events per year. State Hub Training Attional Training Camps Engage in NPC activity International Competition and Training Tours Competition Environment: Asian-Oceania Championships European Cups/Opens Asian Continental Opens	 National Performance Squad National & International Training, Camp & Competition support National Performance Centre (Melbourne): Daily Performance Environment Technical coaching S&C training Sports medicine, psychology, nutrition, performance analysis, athlete wellbeing & engagement services Competition Environment: Olympic & Paralympic Games World Championships Grand Prix & Grand Slam events Asian-Oceania Championships International Competition Tours 					
FTEM Level	F1 - F3	Т1		T1 - T2	тз - т4		Т4	E1	E2	M1	
Ideal Age	7-12	13-14		15-	20		18	-22	22-24	+24	
Delivered by		JDO				ОМ - ЛU					