

COMBAT AUS

COMBATAUS VISION, VALUES & BEHAVIOURS

WE EARN RESPECT BY HAVING A PROFESSIONAL APPROACH TO TRAINING AND COMPETITION. WE SHOW INTEGRITY THROUGH OUR ACTIONS AND LEADERSHIP.

OTHERS SAY THAT WE EMBODY THE AUSTRALIAN FIGHTING SPIRIT. WE ARE A HIGH PERFORMING, HIGH ACHIEVING, WORLD CLASS TEAM. WE CREATE GREAT ENVIRONMENTS AND LIFT EACH OTHER UP THROUGH UNITY.

WE BUILD AND MAINTAIN TRUST THROUGH HONESTY, ESPECIALLY IN DIFFICULT MOMENTS AND CONVERSATIONS. WE DO WHAT WE SAY WE'LL DO AND DEMONSTRATE CONSISTENCY OVER TIME.

WE HOLD EACH OTHER ACCOUNTABLE. WE HAVE A STRONG WORK ETHIC, A POSITIVE ATTITUDE, AND ARE COMMITTED TO SHOWING UP EVEN WHEN WE DON'T FEEL LIKE IT.

OUR LEGACY WILL BE THAT AUSTRALIA IS RESPECTED AS A COUNTRY THAT PRODUCES STRONG COMBAT ATHLETES. WE WILL BE GOOD HUMANS FIRST, WHO ARE ROLE MODELS IN SPORT AND LIFE.

COMMITMENT

CONSISTENCY

ACCOUNTABILITY

PROFESSIONALISM

INTEGRITY

TOWARDS BEHAVIOURS

- COMMUNICATING WITH YOUR COACH ON HOW YOU CAN BETTER YOUR PERFORMANCE BEFORE EVERY SESSION / COMPETITION
- CHEERING AND WATCHING COMPETITION FIGHTS
- SAYING HELLO
- CHECKING IN WITH YOUR TEAMMATES
- ARRIVING ON TIME WITH EQUIPMENT READY
- SITTING WITH YOUR TEAM AT MEAL TIMES
- CELEBRATING GOOD WORK AND RECOGNISING EFFORT
- KEEPING OUR ENVIRONMENTS TIDY
- CALLING PEOPLE OUT FOR "AWAY" BEHAVIOURS
- LAUGHING AND HAVING FUN

AWAY BEHAVIOURS

- LEAVING OUR ENVIRONMENTS MESSY
 - EXCLUDING YOURSELF OR TEAMMATES
 - BEING LATE OR ABSENT (WITHOUT REASON OR COMMUNICATION)
 - NOT GIVING 100% EFFORT IN TRAINING SESSIONS AND COMPETITIONS
 - LAUGHING/JOKING DURING SERIOUS TIMES OR WHILE THE COACH IS SPEAKING
 - WITHHOLDING IMPORTANT INFORMATION
 - NOT RESPONDING TO REQUESTS BY DUE DATES
 - REFUSING TO WORK WITH TEAM MATES OR CHOOSING INAPPROPRIATE PARTNERS
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